

## A Message From The Volunteer Association President

It's 2019! I'd like to begin by wishing everyone a very happy, healthy, and prosperous New Year. As you set new resolutions and personal goals, I would like to extend my heartfelt thanks for all your continued support and dedication in helping us meet our ongoing objective of raising \$500,000 for Mental Health at Mackenzie Health.

December was another very busy month. We kicked off the holiday season with the Menorah Lighting Ceremony on December 3rd, followed by the Annual Mackenzie Health Holiday Breakfast on December 13th. A Christmas concert, presented by Mackenzie Health Spiritual Care volunteers, filled the air with joyful voices, together with laughter and the spirit of song shared by everyone on December 18th.

Once again, the Mackenzie Health Volunteer Association collaborated with The Promenade Mall in the annual Gift Wrap fundraiser December 3rd to 24th. A special recognition goes out to Duayne Siewah and Gwen Johnstone, for organising the event with the help of the Special Projects Committee, and to the many volunteers who helped raise approximately \$3,000—great job, everyone! As well, I would like to extend our gratitude to the Promenade Mall for making this event possible through their generous donation of materials, space, and staff assistance.

The White Rose Gift Shop, operated by the Mackenzie Health Volunteer Association, featured "The 12 Days of Giving" specials. Our sincere appreciation to the wonderful manager Ana Paul Cantafio and her team for all their hard work and contributions throughout the year.

As we look ahead to 2019, let's forget about the cold winter and warm ourselves with "heart-ier" thoughts. With Valentine's Day coming up, we will be once again looking for volunteers to sell hearts on February 9th and 10th, at the No Frills opposite from Hillcrest Mall. Keep an eye out for details on how to sign up. Additionally, the Pleasantville Branch's Valentine's Day draw will take place on February 14th at 2pm in the Atrium A1 A-wing. Please contact Pat Young at [pyyoung@sympatico.ca](mailto:pyyoung@sympatico.ca) or call (905)884-2426 to purchase tickets for the amazing raffle prizes, as listed on the back cover.

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I also wish to extend a very special recognition and appreciation to Karen Andersen, Anna Daigle, Stephanie Sehinson and all the staff in Volunteer & Community Resources. Congratulations to Karen (Director), a very well deserving recipient of the “Keep It Up Kudos” award this past year (October 2018).

Thank you as well to members of the Hospital and Foundation Board, the Senior Leadership Team, and the staff in Communications and Public Affairs for all your help and support throughout 2018. It is the dedication and generosity of all our volunteers that made last year so wonderful.

Thank you for all you do at Mackenzie Health. I wish you all a Happy and Prosperous New Year.

Sincerely,

**Sally David**

President, Mackenzie Health Volunteer Association



## **Hearts Fundraiser - Volunteers Needed**

We are looking for two Mackenzie Health Volunteers per shift for the following locations:

Rob's No Frills - 13071 Yonge St, Richmond Hill, ON L4E 1A5. (5 mins North of Yonge & Stouffville Rd.)

Jim's No Frills - 10488 Yonge St, Richmond Hill, ON L4C 3G7. (North of Yonge & Crosby Ave)

Enzo's No Frills Address: 9325 Yonge St, Richmond Hill, ON L4C 1V4. (Near Yonge & 16th Ave.)

**Saturday February 9th & Sunday February 10th**

**Times:**

**10:00 AM to 12:00 PM**

**12:00 PM to 2:00 PM**

**2:00 PM to 4:00 PM**

## A message from Altaf Stationwala

Volunteers make such an incredible impact at Mackenzie Health. On behalf of our senior leadership team and staff, we're so grateful for your continued dedication, commitment and hard work to our patients, families, staff and organization. Even more during our busiest times, as many of you experienced this past holiday season. Thank you for your support in critical patient care areas – emergency department, intensive care unit and information desk over the holidays.



### In the spirit of giving

In December, most of you participated in two festive events – holiday gift wrapping at Promenade Mall and annual gingerbread house contest. These events helped raise over \$3,500 toward the volunteer association's \$500,000 pledge toward Mental Health Services at Mackenzie Health. What an amazing accomplishment!

### Flu season & safety

Since the cold weather is upon us, I'd like to remind you that we still offer flu shots to you and our patients through our annual influenza immunization campaign. It's available to all staff, physicians and volunteers Monday to Friday, 7:30 a.m. to 4:30 p.m. in occupational health. Getting the flu shot and thorough hand washing are the most reliable ways to protect yourself and your family from this flu season.

Also, slips and falls in the parking lots, building entrances, sidewalks and hallways are the most common types of incidents during this time of year. Please be aware of slip and fall hazards and how to address and prevent these types of incidents. Give yourself extra time when walking during these icy conditions and wear appropriate footwear, be aware of your work environment and report/follow up on hazards and incidents. Please stay safe and health during this winter season.

### What's happening at Mackenzie Vaughan Hospital

Most recently, we achieved another major milestone by completing the design of Mackenzie Vaughan Hospital. Designing a hospital is no small task as designs must support safe and efficient health care delivery and stakeholders must be informed – including staff, physicians, volunteers, patients and families – to create a health care environment where everyone thrives.

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In less than 23 months, we'll be opening our doors to Mackenzie Vaughan Hospital. It's exciting to see the interior of our new hospital take shape – wiring is well underway, drywall is being installed, glass panes are being mounted and even the parking structure is being constructed. Stay tuned for more information as the construction progresses.

### Thank you

We have an exciting future ahead of us here at Mackenzie Richmond Hill Hospital, and soon at both hospital sites when Mackenzie Vaughan Hospital opens in 2020. I look forward to our continued work together in support of patients, families and the communities we serve on our journey to a two-hospital model of care. Once again, thank you for your support and contributions throughout the year. I'm looking forward to an exciting year ahead filled with memorable moments and unforgettable milestones.

Sincerely,

**Altaf Stationwala**

*President and CEO, Mackenzie Health*

## Donations

### Pop Tabs for Wheelchairs

As I had about 125 lbs. picked up in Dec. I am already collecting a goodly amount towards the next 125 lbs. and I would like to thank and acknowledge Sally D., Jacky J., Fern and her Living Water Presbytery, Margaret L., Sheila M., David S. and our faithful ICU whom keep me going. Thanks folks you are doing a great job and those that need a wheelchair really appreciate it.

Many Thanks

**Virginia Wainman**

### Contact Us or Follow Us

 Mackenzie Health <https://mackenziehealth.ca>  
Volunteer Office phone: (905) 883 2057

email: [volunteers@mackenziehealth.ca](mailto:volunteers@mackenziehealth.ca)  
VSys Portal: <https://mackenzie.vsyslive.com/>

 [www.facebook.com/MackenzieHealth](http://www.facebook.com/MackenzieHealth)

 <https://plus.google.com/+mackenziehealth/>

 Pinterest (photos) <http://www.pinterest.com/mackenziehealth/>

 <https://twitter.com/MackenzieHealth>

 YouTube (videos) <https://www.youtube.com/user/MackenzieHealthVideo>

# Gift Wrapping at Promenade Mall - The Results

In December the MHVA partnered again with the Promenade Mall for its annual gift wrap fundraiser. Much appreciation is given to our volunteers who took time out of the busy holiday season to help wrap presents for shoppers in the mall.

Thanks to their efforts we raised more than \$3,000 that goes to the MHVA's pledge for Mental Health programs at Mackenzie Health. Many thanks to the Promenade for their continued support in our fundraising activities.



## National Volunteer Week



**April 7 - 13, 2019**

## ***VOLUNTEER AWARDS & LUNCHEON***

### **Maple Downs Golf and Country Club**

11101 Dufferin St., Maple

Sunday April 7, 2019

1:00pm – 3:00pm

To reserve a seat, please leave a message at 905-883-2057 with your choice of meal.

- a) Chicken Breast with Honey Mustard Glaze
- b) Salmon with Lemon Dill Glaze
- c) Rice Noodles with Vegetables and Lemongrass Soy Broth

## ***COFFEE WITH THE CEO***

Room 1301 D Wing

Tuesday April 9, 2019

9:00am – 11:00am

Sponsored by Richview Manor Retirement Residence

RSVP to 905-883-2057

## ***VOLUNTEER RETIREMENT TEA***

Room 5930 B Wing

Thursday April 11, 2019

11:30am – 1:00pm

Sponsored by Chartwell Retirement Residences

RSVP to 905-883-2057



*Come Soar with Us*

## Update from Our Gift Shop



Yes, it is cold outside but the White Rose Gift Shop is busy receiving new merchandise for the Spring Season. Come see wonderful gift items as well as fashionable and trendy clothing.

We are excited to introduce our new reading glasses program. Come shop the fun colours and designs artfully displayed on the carousel located in the Gift Shop.



Peepers is a 4th generation family run company that is continuously reinventing the spectacle, and have fun doing it!

From our unique designs to a caring customer experience, our family's legacy is dedicated to the pursuit of fashion as its most fun. Its stylish, optical quality reading glasses and sunglasses endorsed by Oprah herself!



Remember to pick up your lottery tickets at the Lotto Center Counter operated by our Mackenzie Health Volunteer Association Gift Shop.

A percentage of the sales of tickets along with a percentage of the winning jackpots redeemed through the Gift Shop support our fundraising goal of raising \$500,000 for Mackenzie Health's Mental Health program.

The White Rose Gift Shop is operated by the Volunteer Association and staffed by dedicated volunteers who give of their time to ensure it is open for patients, families, staff and other volunteers during the posted hours of operation. Your support of the Gift Shop is the key to its success.

**Ana Paula Cantafio**  
Manager,  
White Rose Gift Shop

## Pleasantville Branch Valentine's Draw

# Amazing Prizes



INZU Studded Bag



Bulova  
Women's  
Quartz  
Stainless Steel  
Casual Watch



VirtuoLine with Aeroccino Frother

## Womens Fitness Clubs of Canada

3 Months Membership

SwissGear 3D Lite  
Luggage Set



Waterpik®  
Complete Care 5.0



7-in-1 Instant Pot. 8 Quart

Tickets: 1 for \$5 or 3 for \$10  
For tickets please contact Pat Young:

[pyoung@sympatico.ca](mailto:pyoung@sympatico.ca)  
or telephone 905-884-2426

Draw: February 14, 2019  
2PM at A Wing Atrium