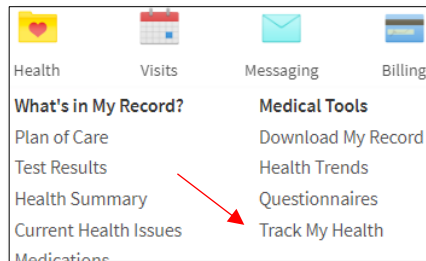
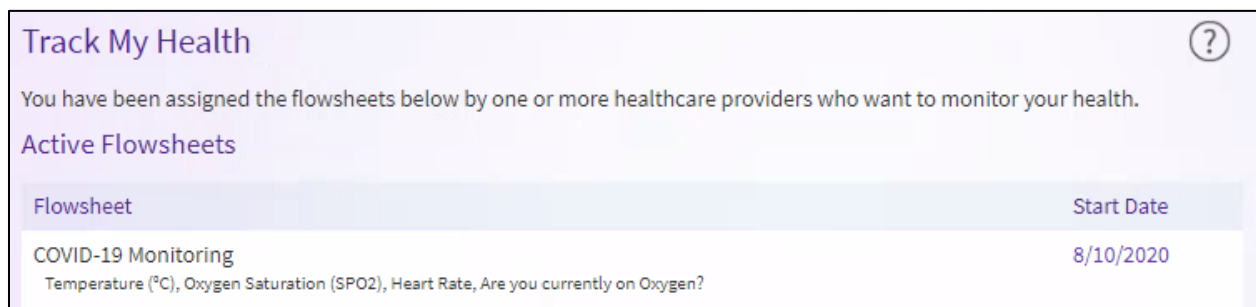


I am unable to download the MyChart App, how can I track my health on a computer?

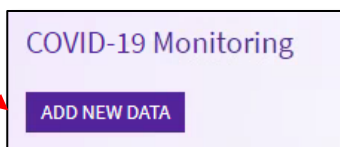
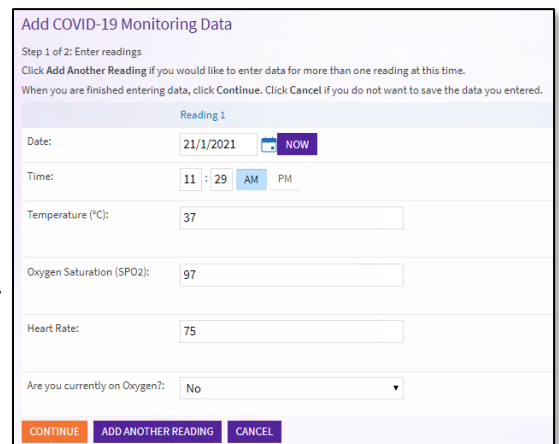
- 1) Select the **Health** tab at the top of the page then click on **Track My Health**.



- 2) Click on the flowsheet's name to open it.



- 3) Click **Add New Data** to start recording your information.

- 4) When you have completed your entries, select **Continue**.

- 5) Verify your entries then select **Submit**.

- 6) If you need to change or remove an entry after it has been submitted, you can do so by clicking **edit** or **delete** from within your selected flowsheet.