



Y: _____
 Name: _____
 Place Patient Barcode Label Here

Mental Health Adult Outpatient Referral Form

Centralized Intake: 905-883-2127 or 905-832-4554 ext. 2127
 Fax: 905-883-2139

The Outpatient Mental Health Program accepts referrals where there is a primary psychiatric concern. We provide short term consultation and stabilization. Upon receipt of your completed referral, our central intake team will review and determine how to best serve your patient. If our central intake team determines that your patient requires urgent intervention, our goal is to see them within 14 days.

We are NOT able to accept referrals for assessments / treatment where concerns are related principally to:

- | | | |
|---------------------------|---------------------|--------------------------|
| Adult ADHD | Chronic pain | Primary Substance Abuse |
| Anger management | Developmental delay | Relationship counselling |
| Autism Spectrum Disorders | Eating disorder | Sexual trauma |

We do not provide assessments for Legal, Insurance, Custody, CAS, WSIB or Forensic reasons

Is the patient involved in current/pending legal, compensation or insurance claims? Yes No

If yes, please explain: _____

CLIENT INFORMATION: Date patient was last seen? _____	
Is patient agreeable to referral? <input type="checkbox"/> Yes <input type="checkbox"/> No yyyy/mm/dd	
Patient name: Last, first name _____	Date of Birth: _____ yyyy/mm/dd
Address: _____	
Sex: <input type="checkbox"/> Male <input type="checkbox"/> Female	Health Card Number: _____
Version Code: _____	
Home #: _____	* Can leave a message at this number? <input type="checkbox"/> Yes <input type="checkbox"/> No
Cell #: _____	* Can leave a message at this number? <input type="checkbox"/> Yes <input type="checkbox"/> No
Email Address of primary contact for referral (required) _____ <i>(Please ensure your patient is aware of regularly check their "Junk" box as often email servers are filtering the hospital emails to "Junk" due to their settings)</i>	
* Due to Privacy Legislation the hospital requires this field to be completed before the patient can be contacted.	
Marital status: <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Separated <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed <i>(This information is required by the hospital to register the patient)</i>	
REFERRAL INFORMATION: Referrals must be made by a physician	
Referred by: <input type="checkbox"/> Family physician <input type="checkbox"/> Psychiatrist <input type="checkbox"/> Other _____	
Referring Physician's Name: _____	Billing No: _____
Telephone #: _____	Fax #: _____
Is there a need for an interpreter? (e.g., for sign language or other language) <input type="checkbox"/> No <input type="checkbox"/> Yes _____	
SERVICE REQUEST (Choose ONE)	
<input type="checkbox"/> Psychiatric Consult	<input type="checkbox"/> Counselling SW/RN Therapist-short term
<input type="checkbox"/> Diagnostic Clarification	<input type="checkbox"/> Stepping Stones - Day Program
<input type="checkbox"/> Medication Review	<input type="checkbox"/> OTN
<input type="checkbox"/> Psychogeriatric Program	
<input type="checkbox"/> Neuropsychiatry	
Reason for Referral: Please provide previous consultation notes, (required field). _____ _____	





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Centralized Intake

Current Medications	Past Medications / Side effects if any / Reason for discontinuation

Medical Condition

Must be completed

No Known Allergies Allergies: _____

Factors contributing to current referral:

<input type="checkbox"/> appetite changes	<input type="checkbox"/> depressed mood / sad for more than two weeks	<input type="checkbox"/> Alcohol / Drug use
<input type="checkbox"/> cognitive changes	<input type="checkbox"/> sleep changes	<input type="checkbox"/> racing thoughts
<input type="checkbox"/> compulsive behaviours	<input type="checkbox"/> social withdrawal	<input type="checkbox"/> psychomotor retardations or agitation
<input type="checkbox"/> decreased energy	<input type="checkbox"/> panic attacks	<input type="checkbox"/> delusions
<input type="checkbox"/> decrease in self care	<input type="checkbox"/> significant anxiety / fears	<input type="checkbox"/> hallucinations
		<input type="checkbox"/> disorganized thoughts or speech

RISKS:		Please explain:	
Threat to self	<input type="checkbox"/> No <input type="checkbox"/> Yes	When:	
Threat to others	<input type="checkbox"/> No <input type="checkbox"/> Yes	When:	
Suicidal Ideation / Plan / Intent	<input type="checkbox"/> No <input type="checkbox"/> Yes	When / Describe:	
Violent behaviour	<input type="checkbox"/> No <input type="checkbox"/> Yes	When:	

If you have a concern that a patient is actively suicidal/homicidal please direct them to the **Emergency Department**

Please provide the details for urgency:

Incomplete referrals will be returned

Patient has been told that they must call the Activation line at 905-883-1212 or 905-832-4554 ext. 4853 to initiate the processing of the referral, otherwise the referral will be closed.

(Due to high volume of no show appointments, your patient is required to Activate this referral to ensure that they do want to continue with the referral and attended the appointment)

Physician Name: _____ Signature: _____ Date: _____ (yyyy/mm/dd)