

## Alternate Level of Care Mackenzie Richmond Hill Hospital

## Inpatient Alternate Level of Care patients

We use a collaborative and innovative approach designed to help patients who no longer need acute care services but require alternate care facilities such as convalescent care and retirement home settings. On our Alternate Level of Care (ALC) unit, provides patients with physiotherapy and occupational therapy with the goal of maintaining current level of function. Therapy also focuses on helping staff with transitioning patients to their next most appropriate care environment.

## What can I expect?

Our team will meet with you to further discuss discharge planning and assist with planning and transitioning you to alternate care setting in the community. Further details about your stay on the ALC unit as well as your transition to the next most appropriate care setting will be provided to you by the treatment team.

What do I need to bring: footwear, clothing and personal care items.

## What can I expect?

Based on your goals set with the therapy team, you will be expected to actively participate in therapy sessions as well as your own self-care and you will be given exercises to do between therapy sessions. For complex care patients, the expectation will be to go home by the date established by the team based on your achievable goals. Length of Stay is dependent on progress and participation.

What do I need to bring: footwear, clothing and personal care items.