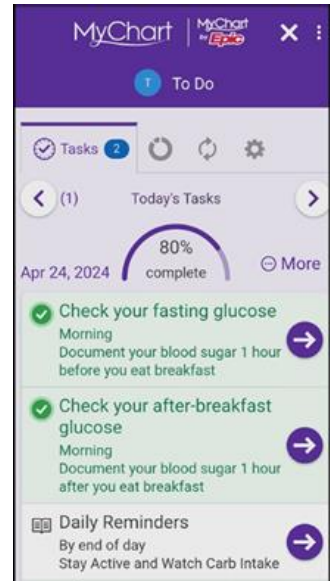
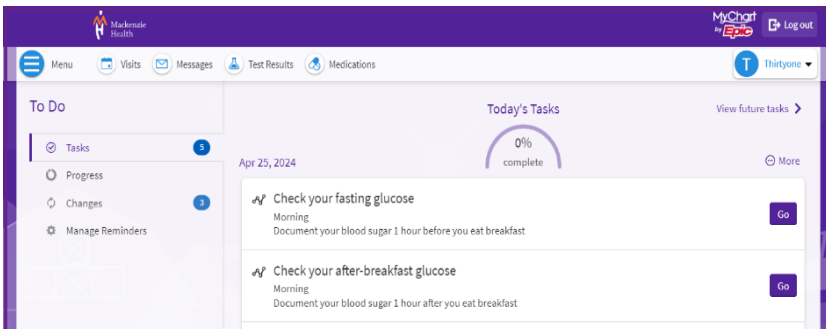


Care Companion is an interactive, personalized plan of care that is delivered through the MyChart mobile app and website. This feature will allow you to receive notifications for items like daily task reminders, educational content and more.

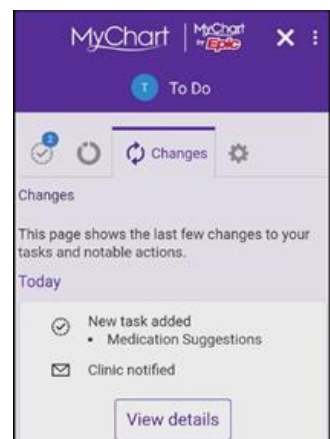
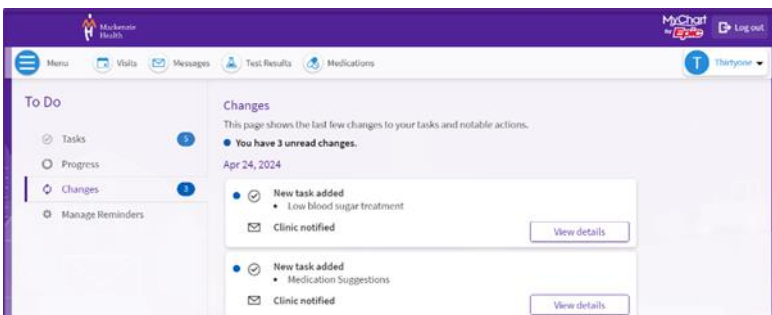
## Using Care Companion to complete daily tasks

1. Open MyChart and select the **Menu** icon on the home screen.
2. Select **To Do** from the drop down list. This shows you a list of tasks that are due today.
3. Complete your assigned tasks.
  - **Education tasks:** Complete your required education as part of enrollment into your care plan and select **I Understand**.
  - **Task Reminders:** Select the task. This will take you to the task activity which may require you to enter health-tracking information like your blood glucose level.



## How to review changes to your care plan

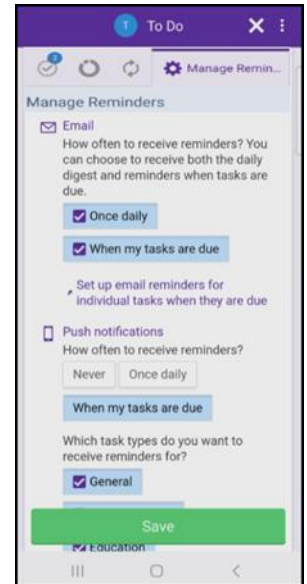
In some cases, your care plan might need to be changed based on the readings you record through a health-tracking task. When this happens, you'll be notified of the changes and you can view them by selecting the **Changes** tab at the bottom of the **To Do** activity.



## Choosing how and when to receive notifications

To make sure your care plan works with your schedule, you can choose when and how frequently you receive notifications for tasks assigned to you.

1. Open the **To Do** activity and select **Manage Reminders**.
2. To change how often you receive notifications from the MyChart app for tasks that are due, in the **“How Often?”** section:
  - Select **When My Tasks Are Due** to receive a notification when each task is due.
  - Select **Only Once Daily** to receive one combined notification for all the tasks that are due each day.
3. If you want to change the time you receive notifications each day, select **Manage Reminder Schedule**. You can set times to receive reminders for tasks that are due in the morning, midday, evening, bedtime, or by end of day.



## How to track progress

You can view progress towards your task completion by selecting the **Progress** tab at the bottom of the **To Do** activity. From here, you can view the number of tasks completed out of the total number assigned for each task type along with an overall percentage of your task completion.

